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PRESESSION TWO

A reshuffling of theory during the past two weeks in order to improve all ACC cases and clear as many of them as possible has given us new weapons for the difficult case and new heights for all cases with evidence of increased speed in processing and easier handling of processes by auditors. I have been very busy on this and myself received some eighty hours of processing to iron out commands and get a subjective reality by case synthesis on these new approaches.

I evolved a new basic theory of processing from observation of what did not move some ACC cases and what did.

This has been a strenuous research period and though by no means at end, results should now become much easier to obtain in other areas.

Pre-session Two is not composed of new processes but is a new combination.

In 1956 I discovered that talking reduced a difficult pc's tone level. Now it is obvious that no significance process moves a low graph case. Therefore, Pre-session Two is to be used on all cases until a pronounced change of tone arm and needle reaction is attained as below.

Pre-session Two cannot be run without a good E-meter.

When a pc has been steadied at his clear reading by many sessions of Pre-session Two then Regimen Two (or Three as will be issued) may be embarked upon.

PRESESSION TWO

The pre-session is begun by stating to the pc, "If it is alright with you, we will begin auditing." On his assent the auditor says, (Tone 40) "Start of session. We will begin by running havingness. Here is the first command." and gives it.

No discussion is begun or permitted with the pc, no rudiments. No chatter. The auditor starts briskly and crisply and invites no discussion of anything and if any is offered by pc, says "We will take that up later on in processing. Right now we have to begin.

A case can be retarded by talk in its first stages. Therefore, no talk, just processing.

The Havingness process is "Look around here and find something you could have."

This is run to a loose needle and any closer approach (up or down) of the tone arm to the clear reading. The best action on which to end the process is a "blow down" of the tone arm (or a "blow up" in the low tone arm case), meaning a sudden approach

of the arm from a non-optimum reading toward the optimum reading. The first "blow down" (or "blow up") is the signal to change to the second process.

The auditor then says "I will run two commands of this and end the process if that is alright with you." And then does so. When he reaches the last command he says "That was the last command of this process. Is there anything you would care to say before I end the process." He acks whatever pc says, keeps it brief and then says, "End of process." At once the auditor adds, "We will now begin Alternate Confront if that is all right with you. Here is the first command." And gives it.

The commands of alternate confront are:

"What could you confront?"

"What would you rather not confront?"

This process is run to a relatively tight or sticky needle and, secondarily, to an abnormally high or low tone arm.

As soon as the meter shows the pc is now "getting sticky" the auditor says "I will run two more commands of this and end the process if that is all right with you". He does so and says, "Is there anything you would care to say before I end this process?" The auditor acks whatever pc says, keeps it brief and says "End of Process (not Tone 40)".

At once the auditor says, "We will now begin havingness if that is all right with you." He acks the pc's consent and does so. "Here is the first command. Etc."

The action of the tone arm is the signal to change processes - loose needle to change from havingness, tight needle to change from alternate confront. This may take three minutes to happen on either process or a half an hour. There is no set time. It is all done by the E-meter.

One runs these two processes one after the other, on and on, precession after precession until the tone arm is stabilized at the clear reading. Then one begins Regimen Two (or Three).

That is the entirety of Precession Two. No goals, no check out on help, control, comm, no ptps, no ARC breaks handled. It runs out ptps and ARC breaks anyway.

It is smoothly audited, crisply with good trs, almost muzzled.

This will move any case that can go through the action of the commands.

Even if the havingness does not seem real to pc, keep pc at it. It will become real bye and bye.

The alternate confront answers do not have to be subjective but usually will be.

Here is an auditor trick that permits better attention on pcs answers and less command mistakes on alternate command processes. When you give the plus command (could you) put your thumb on your index finger. Hold it there until it is answered. When the minus command (rather not) is given, put your thumb on the second finger tip until it is answered. This sets up a physical universe tally and keeps one from mucking up the command sequence without having to "hold it in mind". This permits better observation of the pc. If he fogs out and needs the question again, thumb position tells the auditor which one it is without recall. I have been using this

to free up all attention units for observation of pc and meter and find the additional attention helps the pc. The thumb system is done unobtrusively, of course. This may seem a bit silly to propose but your auditing attention is for the pc and the state of the meter, not holding a command like a concept. The mental holding of the command starts some uncleared auditors into self-audit during a session and may be a cause of session self-audit.

A pre-session is ended by the auditor asking after his last "End of Process", "Do you have anything you would like to say before we end this session?" He can now take up whatever the pc says and gracefully ease the session to a close. The pre-session activity is closed by saying "I am now going to end processing for (this morning) (this afternoon) (today) (tonight). Here it is. (Tone 40) End of Session". He can add, "Now tell me I am no longer auditing you (this morning) (this afternoon) (today) (tonight)."

AN AUDITING PRESESSION

In actuality, a pre-session of this type is a session of sorts, minus rudiments and end rudiments. But in very real actuality I now find a pc isn't enough there before he is consistently reading at clear to do anything but cut up his havingness with talk in session. His postulates aren't sticking well yet. He ARC breaks unexpectedly. Any talk by the auditor invites upsets. And havingness and alternate confront handle PTPs and ARC breaks better for somebody who reads off clear than most other processes. Further, as above, the more pc talk, the more chances for flubs and ARC breaks.

SUMMARY

Pre-session Two is based on the theory that one is taking the 6th dynamic off the Seventh Dynamic. This is opposed to taking the Seventh Dynamic out of the Sixth Dynamic. There's so much to this and so many mechanical facts involved that I'm going to write a book about it shortly as it's too lengthy for bulletins.

We're going right ahead now and make lots of Book One Clears through the HGCs and the field. Only these will be whole track Book One clears. Pre-session Two and Regimen Three are the first process arrangements I have done which require only repetitive commands, no assessment or judgement of a case beyond E-meter needle and tone arm readings. As assessment and discussion with the pc have been the major impediments to broad modern clearing by others, I am happy to be able to remove them. It has been quite a feat. As this also gets those stuck arm, stuck needle cases really going, some moving swiftly for the first time, I feel we've achieved something. The processes have been to hand but a new theory of processing had to be evolved to isolate them from thousands of other good processes and to get them run exactly right in the correct order.

Pre-session Two, by the way, is not for HAS Co-audit use or any co-audit use where meters are not in every auditor's hands. It is vital that they be run by meter. Otherwise these two processes just stall each other. Co-audit people would just get involved in engrams here and there and be unhappy. Use help on supervisor assessed terminals in co-audits. It's good. Don't run alternate confront. Run havingness afterward if you like.

One further comment on needle action in running Pre-session Two. The fastest case advance is probably achieved by getting off alternate confront and back to havingness immediately after a consistent needle rise or steady creep downward (for a low tone

arm case) sets in. A steady rise means the pc has just hit something he can't confront (the source of rise or steady slow fall for a low tone arm). It's all no have from there. This requires watchfulness. Be certain to catch it and return to havingness again each time there is a sticky needle coming about.

(All comments on needle and meter reaction in this bulletin are subject to review as the matter is still under study but the above meter data is already proven to be workable and should be used for now.)

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